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**ARE YOU READY FOR WINTER RETREAT?**

**REGISTRATION COMPLETED**

* PVC Fellowship One Registration Completed
* Review Park Valley Student Ministries Code of Conduct
* Watermarks Camp Medical Consent/Liability Release Form

**PACK LIGHT, SPACE IS TIGHT!**

**CAMP PACKING LIST**

* Limit one suitcase, one small carry bag
* Mark ALL bags and items with camper’s name

***Required/Necessary Items***

* Bible, notebook/journal, pen
* Prescription medications – see additional information below
* Bedding (pillow, sleeping bag or twin XL sheets/blanket)
* Clothes you can be active in and don’t mind getting dirty – See Dress Code Highlights Below
* Outdoor gear – coats, jackets, gloves, shoes/boots, EXTRA SOCKS
* Warm pajamas
* Closed toe athletic shoes
* Water Bottle
* Bath Towel and Washcloth
* Toiletries
* Flashlight

***Highly Recommended Items***

* Shower shoes
* Watch
* Laundry bag/plastic bag for wet and/or dirty clothes

***Optional Items***

* Paintball gun – Do NOT bring your own paintballs
* Paintball clothing (Long pants, long sleeves, etc. if playing)
* Skateboards, Rollerblades, Helmets, Fishing Gear
* Disposable cameras if they wish to take pictures
* Money for optional purchases: Paintball ($10/game), extra paintballs ($10 for 500), snacks, camp souvenirs

***Dress Code Highlights***

* Wear comfortable, modest clothing that you can be active in and that can get dirty
* Students should have long pants that work with a full body harness
* No clothing with questionable or inappropriate sayings, slogans, etc.
* No clothing that promotes alcohol, cigarettes, drugs or any other inappropriate items

***DO NOT BRING***

* Anything you have to hide
* Items that cannot be easily replaced
* Weapons, pocketknives, etc.
* Electronics
* Alcohol
* Tobacco, juuls, vapes, illegal substances
* Drones
* CELL PHONE

**MORE TO KNOW BEFORE YOU GO!**

**FOOD ALLERGIES**

If your student has a severe food allergy that would require separate food or meals than what is offered at Watermarks camp, please email [camps@parkvalleychurch.com](mailto:camps@parkvalleychurch.com).

**MEDICATIONS**

* **ANY MEDICATION** sent with your student to camp **MUST BE CHECKED-IN at the nurse station** on the day we leave for camp.
* You need 2 copies of the PVC Medication form completed prior to check-in. Medications must be in their original container inside a clearly marked Ziplock bag. Put one copy of the form in the Ziplock bag and hand the second copy of the form to the nurse.
* If your student uses a pill organizer, include a written description and dosage of each medication.
* All medications will be stored in a locked container and administered by our camp nurse or leadership staff.

**COMMUNICATIONS**

Cell service at Watermarks camp is limited; in case of an emergency call:  
***Watermarks Camp Phone Line***  ***434-286-4403***

PVC Staff Contact Numbers:  
***Kevven Kijak, PVC Student Ministries Pastor***  ***703-994-7420***  
***Hannah Hunt, PVC Administrative Assistant 540-680-1111***  
***Will Lanman, PVC Middle School Pastor***  ***605-695-0460***

* Cell phones should be left at home. If a student brings their phone, the leader will collect it and keep it in a secure location for the duration of the retreat.
* Text Message Updates – Our goal is to be back at PVC around noon on Monday. NOTE: Please keep in mind that camp internet service is extremely limited. We will text our arrival and return trip departure.

**ACCOMMODATIONS**

* Students will be staying in cabins at Watermarks Camp, 1145 James River Road, Scottsville, VA 24590.
* Cabins are heated and gender specific.

**ROOMMATE REQUESTS**

* We try to accommodate all roommate requests; however, last minute adjustments may be necessary.
* Final cabin and leader assignments will be provided at check-in.

**ALL SET, READY TO GO!**

**CHECK-IN/DEPARTURE**

* Check-in is at Park Valley Church on Friday, February 17th starting at 3:00 p.m.
* We will be leaving promptly at 4:00 p.m.
* Bring 2 copies of the PVC medication form and medications in a labelled Ziplock bag to check-in
* Dinner will be served at 7:15 p.m. on Friday night.

**LAUNDRY TIME!**

**RETURN TRIP HOME**

* Tentative arrival time back at Park Valley Church is on Monday, February 20th at noon.
* IMPORTANT: Please claim your student’s left-over medication when you come to pick up your student after camp. Unclaimed medication and lost/found items will be disposed on February 28th. No exceptions.

**2022 WINTER RETREAT SCHEDULE (*Please note this is tentative and subject to change*)**

**Friday**3:00 pm Check-in at main lobby at Park Valley Church  
4:00 pm Depart Park Valley Church  
6:30 pm Arrive, Welcome, Cabins  
7:15 pm Dinner  
8:30 pm Worship Session 1  
9:30 pm Activities  
11:00 pm Shower Time  
11:30 pm Group Devotions in Cabin  
Midnight Lights Out

**Saturday/Sunday**

8:00 am Student Devotion Time/Leader Meeting  
8:30 am Breakfast  
9:30 am Worship Session 2  
11:00 am Breakout Sessions  
12:00 pm Lunch  
1:00 pm Free Time  
5:00 pm Dinner  
6:30 pm Worship Session 3  
8:00 pm Night Activity  
9:30 pm Free Time  
10:30 pm Shower Time  
11:00 pm Group Devotions in Cabin  
11:30 pm Lights Out

**Monday**

7:00 am Clean Cabins  
8:00 am Breakfast  
8:30 am Camp Video  
9:00 am Cabin Inspections  
10:00 am Departure   
  
**ADDITIONAL QUESTIONS**  
Hannah Hunt (540) 680-1111 or [camps@parkvalleychurch.com](mailto:camps@parkvalleychurch.com)